

Ontario Public Health Measures – Sports and Recreational Facilities

PREVENT	PROTECT	RESTRICT	CONTROL	LOCKDOWN
<ul style="list-style-type: none"> • Maintain 2 metres physical distancing, unless engaged in a sport • Capacity limits per venue, where physical distancing can be maintained: <ul style="list-style-type: none"> ○ 50 people indoors or 100 people outdoors in classes ○ 50 people indoors in area with weights or exercise equipment ○ 50 spectators indoors or 100 outdoors • Capacity limits apply on a per-room basis if operating in compliance with a plan approved by the Office of the Chief Medical Officer of Health (Guidance for Facilities for Sport and Recreational Fitness Activities During COVID-19) • Team or individual sports must be modified to avoid physical contact; 50 people per league • Exemptions for high performance athletes and parasports • Limit volume of music to be low enough that a normal conversation is possible; measures to prevent shouting by both instructors and members of the public • Face coverings required except when exercising or playing sports 	<ul style="list-style-type: none"> • Maintain 2 metres physical distancing, unless engaged in a sport • Increase spacing between patrons to 3 metres for areas of a sport or recreational facility where there are weights or exercise equipment and in exercise and fitness classes • Capacity limits per venue, where physical distancing can be maintained: <ul style="list-style-type: none"> ○ 50 people in indoor classes, however each indoor fitness or exercise class can only have a maximum of 10 people and must take place in a separate room or ○ 100 people in outdoor classes, however each outdoor fitness or exercise class can only have a maximum of 25 people ○ 50 people indoors in areas with weights or exercise equipment ○ 50 spectators indoors or 100 outdoors • Capacity limits apply on a per-room basis if operating in compliance with a plan approved by the Office of the Chief Medical Officer of Health (Guidance for Facilities for Sport and Recreational Fitness Activities During COVID-19) • Team or individual sports must be modified to avoid physical contact with an exemption for high performance athletes, including parasport athletes, and professional leagues; maximum 50 people per league • Exemptions for high performance athletes and parasports • Limit volume of music to be low enough that a normal conversation is possible; measures to prevent shouting by both instructors and members of the public • Face coverings required except when exercising or playing sports • Require contact information for all members of the public that enter the facility • Require reservation for entry; one reservation for teams • A safety plan is required to be prepared and made available upon request 	<ul style="list-style-type: none"> • Maintain 2 metres physical distancing, unless engaged in a sport • Increase spacing between patrons to 3 metres in areas where there are weights or exercise equipment and in exercise and fitness classes • Capacity limits, where physical distancing can be maintained: <ul style="list-style-type: none"> ○ Maximum of 50 people total in indoor areas with weights and exercise machines and all indoor classes, however each indoor fitness or exercise class can only have a maximum of 10 people and must take place in a separate room, or ○ 100 people in outdoor classes, however each outdoor fitness or exercise class can only have a maximum of 25 people ○ No spectators permitted, however each person under 18 may be accompanied by one parent or guardian • Team or individual sports must be modified to avoid physical contact; 50 people per league • Exemptions for high performance athletes and parasports • Patrons may only be in the facility for 90 minutes except if engaging in a sport • Limit volume of music to be low enough that a normal conversation is possible; measures to prevent shouting by both instructors and members of the public • Face coverings required except when exercising or playing sports • Require contact information for all members of the public that enter the facility • Require reservation for entry; one reservation for teams • Screening of patrons is required, in accordance with instructions issued by the Office of the Chief Medical Officer of Health • A safety plan is required to be prepared and made available upon request 	<ul style="list-style-type: none"> • Maintain 2 metres physical distancing at all times • Increase spacing between patrons to 3 metres in areas where there are weights or exercise equipment and in exercise and fitness classes • Capacity limits, where physical distancing can be maintained: <ul style="list-style-type: none"> ○ 10 people in indoor areas with weights and exercise machines ○ 10 people in all indoor classes or ○ 25 people in outdoor classes ○ No spectators permitted, however each person under 18 may be accompanied by one parent or guardian • Team sports must not be practiced or played except for training (no games or scrimmage) • Activities that are likely to result in individuals coming within 2 metres of each other are not permitted; no contact permitted for team or individual sports • Exemptions for high performance athletes and parasport • Patrons may only be in the facility for 90 minutes except if engaging in a sport • Limit volume of music to be low enough that a normal conversation is possible; measures to prevent shouting by both instructors and members of the public • Face coverings required except when exercising • Require contact information for all members of the public that enter the facility • Require reservation for entry; one reservation for teams • Screening of patrons is required, in accordance with instructions issued by the Office of the Chief Medical Officer of Health • A safety plan is required to be prepared and made available upon request 	<ul style="list-style-type: none"> • Facilities for indoor or outdoor sports and recreational fitness activities are closed except for: <ul style="list-style-type: none"> ○ The sole use of high performance athletes including parasport athletes, and specified professional leagues (for example, NHL, CFL, MLS, NBA) ○ Specified purposes (for example, day camps, child care) • Outdoor recreational amenities (for example, ice rinks, ski hills, snow trails) open with restrictions (for example, no team sports) • Community centres and multi-purpose facilities (for example, YMCA) allowed to be open for permitted activities (for example, child care services, day camps, social services)